

Chaplet
The Rosary
of the Seven Sorrows

The Rosary of the Seven Sorrows consists of seven groups of seven beads, with three additional beads and a Crucifix. The seven groups of seven Hail Marys are recited in remembrance of the Seven Sorrows of Mary:

1. The Prophecy of Simeon
2. The Flight into Egypt
3. The Loss of the Child Jesus in the Temple
4. Mary meeting Jesus as He carried His cross
5. The Crucifixion
6. Mary receiving the Body of Jesus from the Cross
7. Jesus' Body being placed in the tomb.

Three Hail Marys are added in remembrance of the tears Mary shed because of the suffering of her Divine Son. These are said to obtain true sorrow for our sins. Following is the concluding prayer:

V. Pray for us, O most sorrowful Virgin
R. That we may be made worthy of the promises of Christ

Lord Jesus, we now implore both for the present and for the hour of our death, the intercession of the most Blessed Virgin Mary, Thy Mother, whose holy heart was pierced at the name of Thy passion by a sword of grief. Grant us this favor, O Savior of the world, Who lives and reigns with the Father and the Holy Spirit forever and ever. Amen

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