The next "Why Natural Family Planning?" session will be held at 7pm, at Holy Family, Stow, Lower Church Hall Rm 1 Monday, October 26. During this session you will learn the latest 2015 data regarding the health risks of hormonal contraception, benefits and myths of NFP (this is not the rhythm method), the results of a contraceptive mentality since the 1960's, and why the Catholic Church promotes this as the only means of family planning that is safe, healthy, and effective means of family planning which strengthens marriages and family. The most common reaction mentioned after this session is "Why have we never heard this before?" This introductory class is open to anyone: young, not so young, single, engaged, married,

Fairness and Forgiveness

and will help you make an informed decision regarding the

benefits of NFP. Contact Leo and Toni Doty at

akdoty@kent.edu or 330-689-0632 for more information.

The Diocesan Social Action office is hosting a forum on the fairness of how the death penalty is administrated in Ohio. Held October 3 from 9am-1pm at St. Ignatius Catholic Church, 10205 Lorain Ave., Cleveland. This event corresponds to Pope Francis' call for a Year of Mercy and Respect Life Month in October. In the past year, many inconsistencies and lack of fairness within Ohio's death penalty system has come to light. This forum includes two judges who will provide an overview of the recommendations from the Ohio Supreme Court Task Force on the Death Penalty. Other speakers will share their experiences of how Ohio's system has impacted them and their families. We will also present an overview of Catholic Social Teaching on the death penalty and provide time for reflection on the information presented.

Liturgical Yoga

Yoga is not a religion. It is a spiritual practice that supports religion. Yoga is adaptable and can be presented in a secular context or it can be presented as a spiritual discipline. Liturgical yoga is a faith-based Christian practice on Wednesdays at St. Mary Parish, Hudson, 9:30am-10:45am. All levels are free to join this donation-based, dropin class. Students must have a mat, be able to sit on the floor comfortably and to move freely on their own. Contact MOS parishioner, MaryBeth at 330-603-2337 or madoniamb@gmail.com with any questions. Please call before attending to make sure there is class. There will be no class on October 21 and November 4.

For Married Couples

Do you know that more than 1,500,000 couples in over 92 countries have experienced a Worldwide Marriage Encounter Weekend? They found something worth passing on. The next weekend is October 16-18 at the Cambria Suites, Uniontown. For more info, call Scott or Lori at 330-305-9963 or visit www.wwme.org.

DSWC

The Divorced, Separated and Widowed Catholics of Akron is sponsoring a talk by Father Jared Orndorff, Pastor of St. Joseph Church. Fr. Jared will speak on annulments and the annulment process. Held Monday, October 12 at 7:30pm at Immaculate Heart of Mary, Convent Building, 1945 Portage Trail, Cuyahoga Falls. Open at no cost to single people of all faiths. Refreshments at 7:15 pm. For more info, call Sue at 330-554-5626.

Hoban Happenings

Archbishop Hoban High School invites all interested students and their families to join us for an **Open House** on **Sunday, October 11 from 1pm - 3pm**. Tour the school, meet our faculty, staff, students, coaches and alumni and learn more about a Holy Cross education. Visit our new Center for Spiritual Formation and a take a hard hat tour of our new Health and Fitness Center that will open in November.

Archbishop Hoban High School will administer a Scolarship/Placement test to 8th grade students on Saturday, October 17 and Saturday, October 24. Testing will begin at 8:30am. Students may pre-register by calling the admissions office at 330-849-2149 or at www.hoban.org. There is a \$20 test fee. Parent information session offered on all test dates.

Addiction Awareness Workshop

The Samaritan Ministry of St. Malachi Parish will offer a free one-day workshop on Addiction Awareness in St. Malachi Center (behind the church), West 25th & Detroit, Cleveland, OH 44113, Saturday, October 24 from 9am-4pm. Refreshments provided. Donations welcome. Relevant topics will include: addiction/alcoholism as a brain disease; effects of drinking/using on others; treatment options; 12-Step programs of recovery; resources in the community. To register, visit www.stmalachi.org/samaritan-ministry-2015, call 440-250-9959 or email judystowe@gmail.com or call St. Malachi Rectory at 216-861-5343.

Tutors Needed

Seeds of Literacy, a nonprofit organization offering free, one-to-one tutoring in basic adult education and GED prep, has a need for more tutors. Tutor training sessions will be held Saturdays, October 17, and November 21 from 9am-2pm at Seeds of Literacy West (3104 W. 25th St., Cleveland, OH 44109) and Friday, September 25 from 9:30am-2:30pm at Seeds of Literacy East (13815 Kinsman Rd., Cleveland, OH 44120). Both sites feature secure parking and building security. To register or for more info, contact Alexandria Marshall at 216-661-7950 or alexandriamarshall@seedsofliteracy.org, visit seedsofliteracy.org or facebook.com/seedsofliteracy.

October is the Month of the Holy Rosary. Please come to Church early so you can join in praying the Rosary before Mass.

Prayers of the Rosary

The Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Five Joyful Mysteries

- 1 The Annunciation (Lk 1:30-33)
- 2 The Visitation (Lk 1:50-53)
- 3 The Nativity (Lk 2:10-11)
- 4 The Presentation of Jesus in the Temple (*Lk* 2:29-32)
- 5 The Finding of Jesus in the Temple (Lk 2:48-52)

The Five Sorrowful Mysteries

- 1 The Agony in the Garden (Mt 26:38-39)
- 2 The Scourging at the Pillar (*Jn 19:1*)
- 3 The Crowning with Thorns (Mk 15:16-17)
- 4 The Carrying of the Cross (Jn 19:17)
- 5 The Crucifixion and Death of Our Lord (Jn 19:28-30)

The Five Luminous Mysteries

- 1 The Baptism of our Lord (2 Cor 5:21, Mt 3:17)
- 2 Jesus' Self Manifestation at the Wedding Feast at Cana (John 2:1-12)
- 3 The Proclamation of the Kingdom of God and Call to Conversion (Mk 1:15; 2:3-13; Lk 7:47-48 & Jn 20:22-23)
- 4 The Transfiguration (Luke 9:35)
- 5 The Institution of the Eucharist (John 13:1)

The Five Glorious Mysteries

- 1 The Resurrection (Mk 16:6-8)
- 2 The Ascension (Acts 1:10-11)
- 3 The Descent of the Holy Ghost (Acts 2:1-4)
- 4 The Assumption of our Blessed Mother into Heaven (Song of Songs 2:3-6)
- 5 The Coronation of our Blessed Mother (*Lk* 1:51-54)

Hail, Holy Queen

Hail, holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we sendup our sighs, mourning and weepingin this valley, of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus; O clement, O loving, O sweet virgin Mary. Pray for us, O holy Mother of God That we may be made worthy of the promises of Christ. Let us pray...

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation. Grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may both imitate what they contain and obtain what they promise, through Christ our Lord. Amen.