

### ***Successful Parenting***

The lunch and lecture series is free and open to the public! Topics will include *Stress Management, Budgeting, Positive Discipline, First Aid and Safety, and Nutrition and Meal Planning.* Held on Tuesdays, January 8, 15, 22, and 29, and February 5 and 12 from 12:00pm to 1:30pm at Catholic Charities of Summit County, Blessed Trinity Site (300 E. Tallmadge Ave. Akron, OH 44310). To register or for additional information, please contact Maureen Capellas, Manager of Youth and Family Services at 330-475-0091 ext. 232 or at [mcapellas@clevelandcatholiccharities.org](mailto:mcapellas@clevelandcatholiccharities.org).

### ***Cana II***

The **Cana II** Process addresses the unique issues of marriage and stepfamilies. The preparation includes a Saturday, and three additional evening sessions for stepparents of children under 18. Held Saturday, January 26, 2013 from 8:30am-6pm (5pm Mass) and Thursdays, January 31, February 7 and 14, 2013 from 6:30pm-9pm at Holy Spirit Parish, 410 Lear Rd., Avon Lake, OH, 44012. The cost is \$125 (deadline is January 18, 2013). For a registration form, call Jane at 216-334-2978 or visit [www.clevelandcatholiccharities.org/mfm](http://www.clevelandcatholiccharities.org/mfm). please call Carol Petro at 216-334-2975 with questions.

### ***Catholic Singles***

St. Ladislav Church in Westlake is hosting a speed dating event for all Catholic singles (ages 25-45) on Saturday, February 9 at 7:30pm. Come for a fun evening, and meet others who share your faith and values. It is \$20 per person in advance and \$35 at the door. All proceeds will benefit the WAY Youth Group. To register or additional go to [ClevelandCatholicSpeedDating@gmail.com](mailto:ClevelandCatholicSpeedDating@gmail.com) or Amanda in the Parish Office at 440-835-2300.

### ***ENGAGED ENCOUNTER WEEKENDS***

**Engaged Encounter** is a marriage preparation weekend. Next weekend held **January 25-27, 2013 and May 17-19, 2013** at St. Leonard Retreat Center in Avon, OH. Reservations/more info...[www.clevelandcounter.com](http://www.clevelandcounter.com) or 216-556-0424. "A wedding is a day – A marriage is a lifetime" – take the time to prepare well.

### ***NFP***

The next "Why Natural Family Planning?" session will be held **January 28, 2013 at 7:00pm at Holy Family, Stow in the Lower Church Hall, Rm. 1.** During this 45 minute session, you will learn the latest 2012 data regarding the health risks of hormonal contraception, the benefits and myths of Natural Family Planning (this is not the rhythm method), the results of a contraceptive mentality since the 1960's, and a brief overview of a Natural Family Planning class: a safe, healthy, effective means of family planning which strengthens marriages. The most common reaction mentioned after the presentation is: "Why have we never heard this before?" Class open to anyone, and will help you make an informed decision regarding the benefits of Natural Family Planning. **Contact Leo and Toni Doty at [akdoty@kent.edu](mailto:akdoty@kent.edu) or 330-689-0632.**

### ***First Step 2013***

The **First Step Programs** are open to anyone with **no pre-registration.** They are offered as a way to reach out to those whose marriage, for whatever reasons or circumstances, is not valid in the Church, and find a way to re-establish full communion in the sacramental life of the Church. Held **Tuesday, February 5, at 7pm at St. John Bosco Parish (6480 Pearl Rd., Parma Hts., OH 44130 440-886-3500)** and **Tuesday, April 9 at 7pm at St. Peter Parish (3655 Oberlin Ave., Lorain, OH 44053 440-282-9103).** More info...216-696-6525 ext. 4000, visit [www.dioceseofcleveland.org/tribunal](http://www.dioceseofcleveland.org/tribunal), or see flyers.

### ***200 Club***

**Visitation of Mary Parish** invites you to join their **200 Club** with the **first drawing** being **February 15, 2013.** For a **yearly donation of only \$52,** you could be **one of two \$100 winners every month for eight months,** plus be an **additional \$500 winner in March, 2013 and September, 2013!** Your ticket(s) must be purchased before **February 15** or you will **not qualify to be a winner.** All 200 tickets must be sold! Ticket sales not limited to Visitation of Mary parishioners. **More info/to register...330-376-9227 or 330-535-4141, ext 12 (Jerry).**

*May we as a Church Family be as the Holy Family!*

*See the Church vestibule for information on upcoming events, job openings, registration forms, prayer cards, & more...*

